

# THE PORT HENRY FACT FINDER

Reporting the News and Needs of Port Henry and Surrounding Area

vol. 6, issue#16

March 12, 2016

**This issue has been made possible by the generous support of:**

**Nancy and Kim Gilbertson, Bernadette and Tom Trow, Denise and George Daly**

IMPORTANT NOTICE! Elections for three Village Trustees will be held on Tuesday March 15<sup>th</sup>. Voting will take place at the Port Henry Fire House, 14 Church Street. The polls will be open from 12-9 PM. VOTE!!!!

## HIDDEN IN PLAIN SIGHT

People are creatures of habit. Habit does save us a lot of time and thought; but this energy-conservation devise also causes us to become too jaded to our daily environment. We should not ignore things that need fixing or, which is worse, cease to be aware of that which is unique and wonderful in our own village.

I became very aware of my own short comings in this area when I went to interview Luci Carpenter at her LightWorks Reiki Studio and Synchronicity Shop (on the right, right before you turn the corner to go down Convent Hill). I had written about her business before, when it was upstairs in the Literacy Volunteers building. Even at that time I was very impressed by her unique items for sale and her Reiki Studio. Although I have dropped by this new space before, this visit is different. This is a journalist's visit to check on the changes and progress of a business, so both eyes and ears are on the alert.

It is a lovely shop offering a wide selection of beautiful, high-quality and surprisingly affordable merchandise. Who of us does not need toys we can be proud to give to the small ones in our life? *Synchronicity* has a wide selection of types of US-made "Melissa and Doug" toys in a wide price range. Adults appreciate them as toys known for their quality workmanship and educational design; children just love to play with them. "Wind and Fire" jewelry is another of the shop's items made in the US and with a hidden worth. Each delightful piece of jewelry is made from recycled material and a large part of the proceeds are donated to the needs of disabled children. The Bath and Body products for sale are of the best quality natural ingredients. If they are scented, it is softly pleasant. I love sending special cards to the people I love and I found the beautiful "Leanin' Tree" cards at *Synchronicity* to be perfect for my needs and I laughed out loud at a couple of the humorous ones.

**NOTE:** Many of the items mentioned above (and others) are 30% off for the month of March.

There is much more to be found on the shelves of *Synchronicity*, but it has really lovely Prom and Formal dresses hanging on its racks, again at unusually affordable prices. However, maybe you need a dress for a once-in-a-life-time event and buying a dress, even an affordable one, which will just hang in the closet forever, does not appeal to you. There is an answer at *Synchronicity!* You can rent that runway look. If you do not find what you want, Luci can search for you. You can even call and describe something for a future date and she can do some searching for you. This is an amazing service to have here in Port Henry.

What about the LightWorks Reiki? As useful and appealing as Luci's *Synchronicity Shop* is, as a journalist, I have saved the most interesting for last. Right here in Port Henry, we have one

of only twenty authorized teachers (Shihans) of Jikiden Reiki in the US. What is Reiki? Like Yoga and Tai Chi, it promotes whole body health and reduces stress. It is known that stress can contribute to, possibly cause, many diseases, seemingly by affecting our immune systems. So, if stress can be lessened, our body can better care for and protect itself. I personally avoid pharmaceuticals as much as possible, (which is most of the time) and believe that the human body can be amazingly capable of self-healing if given the chance. Of course, when truly needed, we are lucky to have the modern medicines we have, but when possible give Mother Nature a try first.

Light Works Reiki Three Day Seminars (Level 1) are being offered April 15-17, June 10-12, July 15-17, August 12-14, Sept. 9-11, Oct.14-18, Nov. 18-20, Dec. 9-11. There are Two Day Seminars offered for Level 1 and Level 2. For further information call 518-572-6427 or email [LightWorksReiki@gmail.com](mailto:LightWorksReiki@gmail.com).

### MORIAH CHAMBER OF COMMERCE MARCH MEETING NOTES

The Moriah Chamber of Commerce held its monthly meeting Tuesday 8<sup>th</sup>. Attendees were Jeff, Linda, Gayle, Cathy, David, Ronnie, Janell, myself and our guest speaker Chris Maron of CATS (Champlain Area Trails). CATS is a Land Trust organization and spoke about the trails (almost fifty) in our area. CATS is particularly interested in connecting trail to trail. He showed us slides of him and his family hiking in France this past summer. He would switch back and forth between pictures of France and the Adirondacks, showing similarities and differences and the good ideas which could be adapted for American hiking. He handed out a wonderful map and an information brochure. If readers want to know more about this great organization and all the activities and educational resources it offers promoting the enjoyment of the outdoors, call: 518-926-2287 (CATS) or email: [www.champlainareatrails.com](http://www.champlainareatrails.com) or [info@champlainareatrails.com](mailto:info@champlainareatrails.com). June 4<sup>th</sup> there will be a hike from Mineville to Westport's Camp Dudley. October 13<sup>th</sup> there will be Hamlet to Hamlet hike from Wadhams to Essex. For a later date the Grand Hike is planned to go from the Westport Hotel to the Essex Inn.

The Chamber then settled down to the business part of its meeting. David Koran said the Chamber website is completed and ready for use. The Champ Day Planning Committee's next meeting will be in early April when Jackie returns. It was decided that a band would be hired for Champ Day. The Fleury's pizza oven had not arrived as of this meeting, so a ribbon-cutting date could not be set. The information sign next to the Champ sightings' sign must be updated. At least seven listed businesses do not exist anymore and there may be other changes needed. I said I could make these changes. The Chamber decided to give a Town/Village Easter Egg Hunt for all the children on Saturday the 26<sup>th</sup> in front of the Town Hall, to begin at 11 am. The Chamber's next monthly meeting will be April 2<sup>nd</sup> in the Chamber office at 4 PM. Note to Chamber Member businesses: the Chamber Member display decals are here and may be picked up at the office whenever the Open Flag is out.

### TOWN BOARD MEETING NOTES FOR MARCH

After a short wait, Deputy Supervisor Paul Salerno decided to begin the meeting with reports from department heads. Ed Roberts (Building and Grounds) reported that because of the warm weather they had been able to begin clearing away the accumulated winter garbage. Code Enforcement's Richard Lapier noted that the Town's International-Code-Based Code had received about a hundred page update to be incorporated into their existing Code. Moriah Central's Tom Anderson was very pleased to announce that all three directors necessary for the school's 2016 Summer Youth Program had been hired. Although this summer's program will remain free, he is

afraid there will have to be some charge for the 2017 summer program because of rising prices and the minimum wage requirement. He mentioned that Moriah seems to be the only Town that does not charge for its school's summer program. Trustee Luci Carpenter had been researching security cameras for the campground as insurers require a certain level of security. She felt there needed to be further research on the subject. [A note for plan-making: the campground will open May 6<sup>th</sup> and close October 9<sup>th</sup>.] At this point, Supervisor Scazzafava joined the meeting. He had been one of a large, damp crowd of well-wishers lining Main Street to see Moriah Central's amazing Viking basketball team off for the Civic Center in Glens Falls and their next game. ***Fact Finder just heard that they won today and will play tomorrow for the Class D State Championship! Fact Finder congratulates you on your success and hopes it continues.***

Report on the yearly water tests found no problems, however, both State and National standards will become more stringent. Complete water tests results are published in the Ti Sun.

Finally the Town received a partial payment of \$213,477 for the beach erosion repair.

The Board adopted a Public Interest Order and Bond Resolution for the Titus Road Pump Station, which had become an emergency situation caused by 30 year old pumps. Now its efficiency is an amazing change.

The Board authorized a 20% local match for Inflow & Infiltration Planning Grant not to exceed \$4,800. The grant is for \$24,000.

The Board has to purchase eight radios for the Town trucks because of something the County changed about its system. FF did not understand too well, really, not at all. It was a short meeting.

Look for the next issue on **Saturday, March 26, 2016** at Mac's, Moriah Pharmacy, Sherman Free Library, John Eisenberg's Service Center, Ken and Paula LaDeau's Champlain's Best Wash, Don Foote's "Miss Port Henry" Diner, and TFCU. **NOTE:** The Fact Finder may also be found on-line at [porthenrymoriah.com](http://porthenrymoriah.com). "Fact Finder" is the first item on the third drop-down menu.